

Connie Mullen, LM, CPM, ICCE, CCCE

Connie has been in the childbirth profession for over 22 years. She is a Florida Licensed Midwife, Nationally Certified Professional Midwife, Certified Childbirth Educator (ICEA & CAPP), FOCEP (Florida Outreach Childbirth Education Program) Faculty member and preceptor, and has certificates as a childbirth assistant, breastfeeding specialist and fitness instructor.

Connie received her schooling as a midwife at the South Florida School of Midwifery and the National School of Technology. She has attended over 700 births both in Florida and in Jamaica in the home, hospital and birth center setting.

She trains childbirth educators, midwives and is a past director of The Hollywood Birth Center. She has also given many presentations, lectures and written several articles.

Connie has directed a new mother support group, helped organize outreach childbirth education in the Broward County School system and organized and taught a prenatal/postnatal exercise program.

Connie is very active in the community working with crisis pregnancy centers, teen outreach and aiding couples and women seeking alternative childbirth options.

In 1999, Florida Baby Magazine named Connie Best Midwife in Palm Beach County.

In Fall 2002, Connie received the Matthew J Bulfin Award for her service to His Caring Place and crisis pregnancy centers.



Childbirth Education Weekend Group Classes

**Connie Mullen,
LM, CPM, ICCE, CCCE, CPCE**

Member of:

**International Childbirth Education
Association**

**Coalition for the Improvement of
Maternity Services (CIMS)**

**Healthy Mothers/Healthy Babies
Coalition**

Midwives Alliance of North America

Midwives Association of Florida

**National Association of Certified
Professional Midwives (NACPM)**

**Childbirth and Postpartum Professional
Association (CAPP)**

www.ConnieMullenMidwife.com

Philosophy

Childbirth is viewed as a natural health process. Childbirth is a peak life experience with long term effects on the development of both mother and baby.

Education of the client is an essential, integral part of prenatal care. With knowledge freely imparted to the woman, she is able to assume responsibility for health maintenance and effective utilization of medical care.

Education through discussion, videos and handouts assist you in becoming more confident and knowledgeable about yourself and the birth process in order to help you become an informed consumer.

Learning labor coping skills, breathing and relaxation practice and support from other expectant couples in your class reduce anxiety about your birth.

Class size is limited to aid in the relaxation process and to enhance learning.

Call Connie for more information
(561) 330-0993

www.conniemullenmidwife.com

The classes

The weekend class is held on
Friday evening from 6 pm to 10 pm *and*
Saturday from 9 am to 4 pm
and covers the following:

Pregnancy Discomforts
Nutrition
Questions and Concerns
Prenatal Development
Normal Labor and Birth
Variations of Normal
Labor Coping Skills
Breathing and Pushing
Birth Plans
Danger Signals in Pregnancy
Medications and Procedures
Cesarean Birth
Newborn Care
Feeding Your Newborn
Postpartum Care of Mom
and much more...

The \$150.00 fee includes the class time for you and a partner, the Class Manual which includes supplemental information to the classes, a Goody Bag which includes magazines, coupons and samples for expecting and new parents.

Dates of Series: _____

Registration

Name _____

Address _____

Tele. # _____

Alt. Tele # _____

DR/MW _____

Place of Birth _____

Due Date _____

Dates of Series: _____

Fee must accompany registration. You will be notified once registration is received.

No refunds once series has begun.
\$30.00 fee for returned checks.

Thanks and we will see you in class!

Send registration and payment to:
Connie Mullen
4722 NW 2 Avenue
C-108
Boca Raton, FL 33431