

Connie Mullen, LM, CPM, ICCE, CCCE

Connie has been in the childbirth profession for over 25 years. She is a Florida Licensed Midwife, Nationally Certified Professional Midwife, Certified Childbirth Educator (ICEA & CAPP), FOCEP (Florida Outreach Childbirth Education Program) Faculty member and preceptor, and has certificates as a childbirth assistant, breastfeeding specialist and fitness instructor.

Connie received her schooling as a midwife at the South Florida School of Midwifery and the National School of Technology. She has attended over 700 births both in Florida and in Jamaica in the home, hospital and birth center setting.

She trains childbirth educators, midwives and is a past director of The Hollywood Birth Center. She has also given many presentations, lectures and written several articles.

Connie has directed a new mother support group, helped organize outreach childbirth education in the Broward County School system and organized and taught a prenatal/postnatal exercise program.

Connie is very active in the community working with crisis pregnancy centers, teen outreach and aiding couples and women seeking alternative childbirth options.

In 1999, Florida Baby Magazine named Connie Best Midwife in Palm Beach County.

In Fall 2002, Connie received the Matthew J Bulfin Award for her service to His Caring Place and crisis pregnancy centers.



**Childbirth Education
Private Childbirth Classes**

**Connie Mullen,
LM, CPM, ICCE, CCCE, CPCE**

Member of:

**International Childbirth Education
Association**

**Coalition for the Improvement of
Maternity Services (CIMS)**

**Healthy Mothers/Healthy Babies
Coalition**

Midwives Alliance of North America

Midwives Association of Florida

**National Association of Certified
Professional Midwives (NACPM)**

**Childbirth and Postpartum Professional
Association (CAPP)**

www.ConnieMullenMidwife.com

Philosophy

Childbirth is viewed as a natural health process. Childbirth is a peak life experience with long term effects on the development of both mother and baby.

Education of the client is an essential, integral part of prenatal care. With knowledge freely imparted to the woman, she is able to assume responsibility for health maintenance and effective utilization of medical care.

Education through discussion, videos and handouts assist you in becoming more confident and knowledgeable about yourself and the birth process in order to help you become an informed consumer.

Learning labor coping skills, breathing and relaxation practice and support from other expectant couples in your class reduce anxiety about your birth.

The fee of \$275.00* includes the class time for you and a partner at our Boca Raton or St George office, the Class Manual which includes supplemental information to the classes, a Goody Bag which includes magazines, coupons and samples for expecting and new parents.

* An additional \$50 travel fee is due at time of registration if the class is held at any location other than our Boca Raton or St George office.

Contact Connie for more information
(561) 330-0993
SC tele # pending

The classes

The two class series is held at a time and place convenient for you, either at our relaxing and comfortable office in Boca Raton or in the luxury of your own home.

Please circle the subjects you would like covered in your classes:

Pregnancy Discomforts
Nutrition
Questions and Concerns
Prenatal Development
Normal Labor and Birth
Variations of Normal Birth
Labor Coping Skills
Breathing and Pushing
Birth Plans
Danger Signals in Pregnancy
Medications and Procedures
Cesarean Birth & VBAC
Newborn Care
Feeding Your Newborn
Postpartum Care of Mom

Other: _____

Registration

Name _____

Address _____

Tele. # _____

Alt. Tele # _____

DR/MW _____

Place of Birth _____

Due Date _____

Dates of Series: _____

Class Location Please Circle your choice
Boca Raton St George Your location

A \$50.00* deposit (plus travel fee if applicable) must accompany registration.

An additional \$50 travel fee is due at time of registration if the class is held at any location other than our Boca Raton, FL or St George, SC office.

Once registration is received I will contact you to set up your class times. The full balance of the fee is due at the first class session. No refunds once series has begun. \$30.00 fee for returned checks.

Send registration and payment to:
Connie Mullen
4722 NW 2 Avenue
C-108, Boca Raton, FL 33431